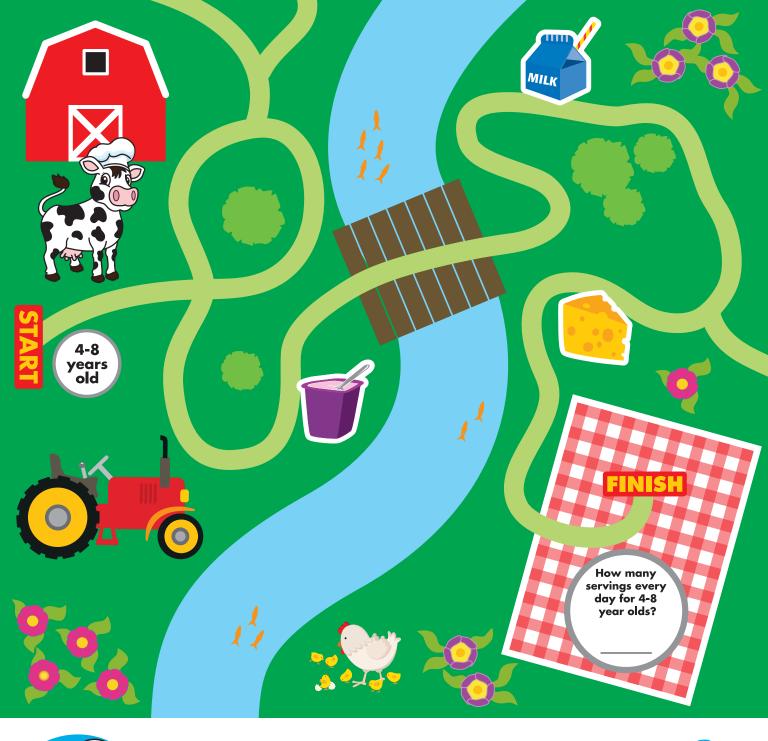
HOW MUCH DAIRY?

We all need dairy foods for good health. See how many dairy servings you need each day. Lead Coco down the path to the picnic blanket. Count your dairy servings along the way.



Synswer: How Much Dairy?

Based on the daily recommendation of 1000mg calcium.

NAME



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