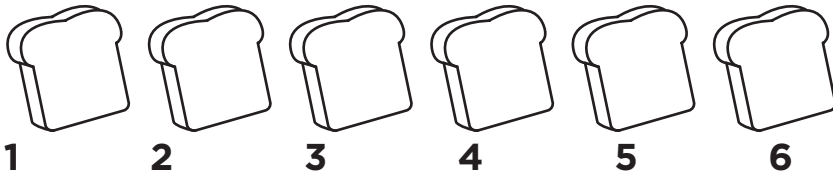


What foods do you like? Pick a partner and share your favorite foods with each other. We need to eat foods from all five food groups to keep our bodies healthy.

Look at the foods on this page. We are going to count them. How high can you count? Count out loud from 1 to 10 with your teacher, then count the number of foods in each group. How many did you count? Circle that number in each group.

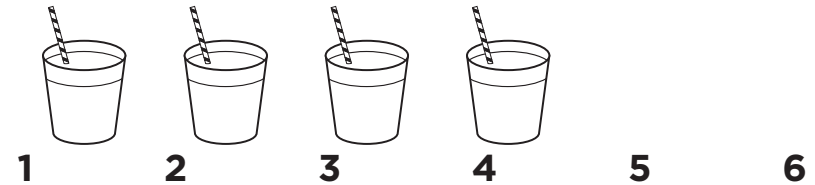
### 1. Grain Group

How many slices of bread do you count?



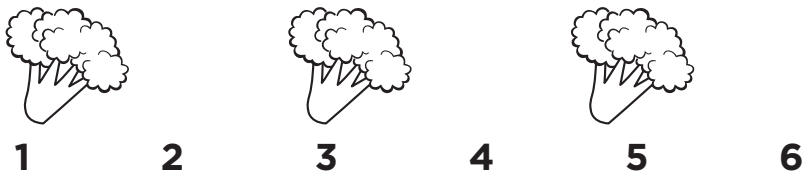
### 4. Dairy Group

How many glasses of milk do you count?



### 2. Vegetable Group

How many pieces of broccoli do you count?



### 5. Protein Group

How many chicken legs do you count?



### 3. Fruit Group

How many bananas do you count?

