

## **Dollars for DAIRY**

## Help students get 3 servings of **DAIRY** every day!

- ◆ Conduct "Taste Test Tuesdays" to introduce new dairy foods to students.
- Offer smoothies for breakfast, classroom parties, lunch or after-school programs.
- Purchase a commercial grade blender such as Vitamix, Ninja, or Robot-coupe to make fast and easy smoothies.
- Purchase a breakfast cart such as Cambro Camcart to place near school entrance for quick and easy grab-n-go breakfast. This cart holds both hot and cold foods.
- Use insulated carriers for hot and cold items for breakfast in the classroom.
- Make sure your milk cooler is keeping milk cold & refreshing -the way students like it! Consider purchasing a new one, if needed.
- Purchase a cold bar to use for parfaits at breakfast and salads at lunch.
- Add an additional line in the cafeteria for grab-n-go eaters who don't have time for hot breakfast
- Offer rewards for breakfast participation. Purchase a prize to raffle off to students who eat breakfast. The more often a student eats school breakfast, the more chances they have to win!
- Place a cold food merchandiser on the counter top to sell parfaits, yogurt, cottage cheese, pudding, cheese
  & crackers and more.
- Look into a dairy vending machine for before, during, and after school. Vend milk, cheese, yogurt, turkey and cheese sandwiches and more.
- Place posters, banners, and dry-erase boards around your school to promote breakfast and/or new menu items.
- Offer reimbursable smoothies using frozen milk and fruit (1 serving of each) in each smoothie.
- Place a portable milk cooler to use near the school entrance or by the cash register.
- ◆ Conduct a "Name that Smoothie" contest. Student buy-in can help sales.
- ◆ Offer flavor-of-the -month smoothies.
- ◆ Add make-your-own yogurt parfaits to the breakfast or lunch menu.



Apply for Dollars for DAIRY today! Go to www.stldairycouncil.org

